

Working to support people impacted by road trauma together with **Victoria Police**



1300 367 797
www.rtssv.org.au

OUR COMMUNITY

Road Trauma Support Services Victoria RTSSV is a not-for-profit organisation contributing to the safety and wellbeing of road users.

We provide counselling and support to people affected by road trauma, and address the attitudes and behaviours of road users through education.



COUNSELLING AND SUPPORT SERVICES

We provide free and unlimited counselling, information and support to thousands of Victorians impacted by transport trauma every year, irrespective of when the crash occurred.

Our clients include bereaved families, friends and colleagues; injured people and their carers; drivers and passengers; witnesses and emergency service workers who are first-on-scene.

What you can do:

- Refer people who are affected by road trauma via the Victorian Police e Referrals (VPeR).

EDUCATION SERVICES

We are committed to educating the community and raising public awareness around road safety, and how it impacts people's lives. A vital part of this educational work is delivered by our volunteers, who share their stories about road trauma. Preventing further road trauma is one of the primary aims of our education services.

What you can do:

- Refer traffic offenders to our Road Trauma Awareness Seminar or young people to our Drive to Learn program
- Volunteer as an emergency services speaker and participate in our education programs, and make a difference to driver behaviour on our roads.

WORKING TOGETHER

Our 'After the Crash' cards include common reactions to road trauma. These can be distributed to anyone impacted at a road incident. Please contact us to order the cards.

We conduct a monthly presentation to participants in the Road Police Investigator Course. These sessions focus on how trauma impacts people involved in a road incident, the importance of delivering death notifications, and general information on our services.



WORKPLACE WELLBEING SESSIONS

Workplace wellbeing sessions have been developed for emergency services personnel to look at working with grief, loss and trauma in their workplace. The sessions are about being proactive and preventative in supporting others, and still looking after your personal wellbeing.

The interactive sessions include:

- Validating the stresses in participant's jobs
- Knowing and acknowledging personal and professional boundaries
- Helping participants understand the complexities of the work they do
- Discussing the importance of debriefing and the key components of an individual self-care plan.

We can come to your workplace/unit and run sessions for three hours or up to a full day, depending on your requirements.

To book a workplace wellbeing session please contact 1300 367 797 or email info@rtssv.org.au.



JOIN OUR COMMUNITY

Connect with others who understand the impact of road trauma and stay connected with our community.

- Tell your family and friends about our free counselling services for those impacted by road trauma
- Like us on Facebook, follow us on Instagram and Twitter or join our mailing list to stay connected
- Join us at the Shine a Light on Road Safety community walk or the Time for Remembering ceremony
- Get involved in shaping our future by becoming a member
- Volunteer with us.

Please call 1300 367 797 or visit www.rtssv.org.au for further information or assistance.



VICTORIA • COUNSELLING, SUPPORTING & EDUCATING

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