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**NRSPP**  
NATIONAL ROAD SAFETY

**PARTNERSHIP  
PROGRAM**

NRSPP BULLETIN

*Improving Road Safety is Simply Good Business*

## October 2016 Newsletter No. 29

For the most up-to-date news visit [www.nrspp.org.au](http://www.nrspp.org.au)

Welcome to the latest newsletter from the National Road Safety Partnership Program (NRSPP). NRSPP is a government-supported, industry-led collaborative network which aims to support Australian businesses and organisations to develop a positive road safety culture and help protect their workers and the public, not only during work hours, but also when staff are 'off-duty'.

This edition will cover:

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### NRSPP ACHIEVEMENTS

- NRSPP now have a [Facebook page!](#)
- Sharon Newnam and Amanda Warmerdam win inaugural best paper for implications of [Workplace Road Safety at ARSC2016](#)
- [NRSPP Utilities Forum](#) was kindly hosted by Telstra in Melbourne
- The 13th NRSPP Steering Committee was kindly hosted by the Commonwealth Department of Infrastructure and Regional Development in Canberra it was decided:
  - NRSPP website will be upgraded to remove requirement to register for access
  - New governance structure for the Steering Committee to be developed and passed for implementation at the February meeting
  - Working Group based around how to measure workplace road safety culture to be explored

- [Comcare 2016 Conference](#) in Canberra featured its first workplace road safety panel session titled "NRSPP, getting wheels of safety moving".

## NRSPP NEWS



### How to create 16,000 jobs in the car industry

Australia could unlock \$95 billion a year in economic value and generate 16,000 new jobs by taking a more proactive approach to the introduction of autonomous vehicles in Australia, according to an economic analysis by Australia's peak driverless vehicle organisation. [Read more...](#)



### NSW Centre for Road Safety Releases updated: Used Car Safety Ratings Buyer's Guide

The NSW Centre for Road Safety Used Car Safety Ratings Buyer's Guide helps identify the safest models among second-hand vehicles. The ratings are based on data collected from thousands of real world crash scenes, evaluating how well each vehicle protects its occupants.

[Read more...](#)

### NRSPP Welcomes the Australasian Fleet Management Association as a Program Partner



NRSPP warmly welcomes Australasian Fleet Management Association (AfMA) as a Program Partner and looks forward to working with them in the future. AfMA is the peak industry body representing around 550 members across Australia, New Zealand and South East Asia. [Read more...](#)



### One step closer to 'a metre matters' in Victoria

The Amy Gillett Foundation welcomes the report of the Parliamentary Inquiry into minimum overtaking distance laws in Victoria, which recommends that the Victorian Government adopt a metre matters laws. [Read more...](#)



### CSIRO WINS FLEET MANAGER OF THE YEAR

Catherine Parker from CSIRO has won the Fleet Manager of the Year Award in Sydney at the 2016 AFMA Fleet Awards last night. CSIRO's National Fleet Manager Catherine Parker was resourceful and impressive in transforming the incredibly diverse research body's Australia-wide fleet and unifying a fleet management system across nearly 60 national work sites.

[Read more...](#)



### Sharon Newman and Amanda Warmerdam win inaugural best paper for implications of Workplace Road Safety at ARSC2016

NRSP is proud to announce that Dr Sharon Newman and Amanda Warmerdam were the inaugural winners of the ARSC2016 Best Paper with Implications for Improving Workplace Road Safety. The NRSP was the proud sponsor of this award. [Read more...](#)



### 'Fear of Missing Out' is putting drivers at risk

A poll carried out by insurer Aviva found that four in 10 people questioned had used their phone at some point while driving, yet members of the public are appalled at the idea of legalising mobile phone use while driving. [Read more...](#)



### Study reveals contributing factors to drink driving fatalities

A recently released study has provided insight into common behaviours of drink drivers involved in fatal crashes, with the findings informing strategies to reduce drink driving behaviour. [Read more...](#)

## NRSP MONTHLY FOCUS

### NRSP Monthly Focus: Fatigue - how does an organisations manage this risk?

Fatigue is among the top risks any organisation has to manage. Unlike speed or alcohol there is no simple measure. Fatigue will vary from day-to-day because it depends upon so many variables. What it really comes down to is ensuring that drivers have had quality sleep before driving, that they have no sleep debt and that if they are tired there empowered to make an informed decision about taking a break from driving. A 20 minute power nap can save a life, so why keep driving?

[Read more...](#)





## NRSPP RESOURCES

### Fact sheet: To keep driving or not - A guide for salespeople

So what is the recommended maximum daily driving time for people in sales roles such as agriculture business bankers, financial planners and regional managers? This fact sheet has been produced to help drivers in sales roles with the decision to keep driving or not when experiencing and managing fatigue while driving on the job. [Read more...](#)



### Thought Leadership: Vicious cycle or full circle? Sleep drives your physical, brain and mental health

If you were placing odds on your health, you'd want good sleep in your corner. Your chances of heart disease, diabetes, depression and obesity are much worse if you have poor sleep. But improving the quality and quantity of your sleep immediately tips the odds back in your favour for a healthier body and mind. [Read more...](#)



### NRSPP Quick Fact: Drowsiness & Fatigue Risk

This quick fact sheet looks at the impact of Drowsiness & Fatigue Risk. It highlights some key statistics. [Read more...](#)



### Thought Leadership: Sleep: the missing link in fighting fatigue

Combating fatigue is a major focus for transport operators and the transport industry. However, much of our response is about compliance with safety regulations rather than deal with the fundamental causes. Is it time to reframe the issue, and instead focus on preventing fatigue by addressing its cause?

[Read more...](#)



### Dying for a rest: how much of a problem is fatigue?

Fatigue is a hot topic for aviation with many companies/regulators asking for a dedicated Fatigue Risk Management System or FRMS which is featured within SKYbray. [Read more...](#)



### Managing Occupational Road Risk Associated with Driver Fatigue - A Good Practice Guide

The rail industry recognises the significance of the risks to its workforce and is seeking to improve its controls. [Read more...](#)



### Fatigue

Fatigue is one of the leading factors contributing to road crashes. A driver who has been awake for 17 hours has a driving ability similar to that of a driver with a blood alcohol concentration (BAC) of 0.05, and after 21 hours, similar to a BAC of 0.15. [Read more...](#)



### DSS Fatigue Alert Driver Checklist - for Supervisors

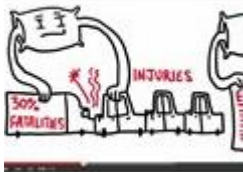
This is the fatigue checklist which Scott Corporation Supervisors utilise to work through with the driver should an alert be raised. [Read more...](#)



### Work - related fatigue and job design

Two leaders in workplace fatigue discuss how sleep is critical to our physical and mental health, is fundamental to our ability to think and learn, and critical to maintaining safe and healthy workplaces.

[Read more...](#)



### Toolbox Animations - Fatigue Animations

The South West Industry Road Safety Alliance produced a series of high quality videos addressing the signs of fatigue and distraction. These 2-3 minutes videos use whiteboard animations to promote these messages. [Read now...](#)



### Driver Management Fatigue Guide

This is a pamphlet produced by the CCAA, an industry peak body, to act as guide defining fatigue management for heavy vehicles. [Read more...](#)



### TIREDNESS KILLS

Tired drivers cause up to one fifth of crashes on major roads. [Read more...](#)



### Fatigue management - a worker's guide

This Guide provides practical guidance for workers on how to manage fatigue to ensure it does not contribute to health and safety risks in the workplace. [Read more...](#)

## EVENTS



### The Safe Commute: Tips for Cyclists and Motorists on Sharing the Road Safely

Did you miss the first broadcast of The Safe Commute in August? Due to unprecedented interest the Amy Gillett Foundation, NRSP and ARRB Group will be presenting this webinar again in October. Register now to secure your place! [Read more...](#)



### RACS Trauma Symposium

This year RACS 'Trauma Week' is collaborating with the RACS Queensland Annual Scientific Meeting and the Queensland Health Forum in a joint scientific meeting at Brisbane City Hall from 4-6 November 2016. [Read more...](#)



### The Road Safety Management Leadership Program

The Monash University Accident Research Centre is holding its innovative Road Safety Management Leadership Program designed to develop and nurture the next generation of road safety leaders tasked with achieving improvements in road safety performance over the coming decades. [Read more...](#)



### Driver interactions with mobile phones - driving performance and safety implications

*Join us for a webinar on Nov 22, 2016 at 2:00 PM AEDT.*

The aim of this webinar is to provide listeners with an understanding of the basic mechanisms of driver distraction, and the types of decrements

in driving performance and safety risk associated with a range of driver interactions with mobile phones. [Read more...](#)

### 27th ARRB Conference - Early bird registration now open!



The ARRB Research Conference creates the opportunity for road and transport professionals to share and explore the latest ideas, knowledge and technologies in order to maximise the total economic and social benefit of road infrastructure.

The theme of the conference is: **LINKING PEOPLE, PLACES & OPPORTUNITIES.** [Read more...](#)

### Economic Impacts of Automated Vehicles on Jobs and Investment



Join us for a free webinar on Nov 29, 2016 at 2:00 PM AEDT.

This webinar reviews international research, applicability to Australia and suggests a proposed pathway forward to understand economic impacts in Australia. [Read more...](#)

## LINKS

Below are some links to other websites which may be of interest:

- [Work-related fatigue and job design](#)
- [Trip Time Calculator](#)
- [Centre for Road Safety](#)
- [Stay on Track Outback](#)
- [How Safe Is Your Car](#)

## NRSPP Program Funders



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